



Are you flu safe? Get the jab!

Flu can be a serious illness...are you at risk?

Getting a flu jab can protect you all winter. It's free if you are over 65, pregnant, or have a long-term health condition such as severe asthma, diabetes, a chest, heart, liver or kidney complaint or lowered immunity.

You need to get the flu jab every year. The flu jab is quick, safe and free. To book your jab, visit your local participating pharmacy.